

3rd Annual Grindstone Duals (2017-2018 Season)

Friday December 8th and Saturday December 9th 2017

- 10 total teams- 8 teams wrestle each round (4 mats) and 2 teams have a bye.
- Each team will have 8 total matches, and 2 byes.
- 10 rounds: 4 rounds on Friday and 6 rounds on Saturday.
- Exhibition matches will take place at the conclusion of each round if time permits.
- \$400 entry fee (Please make payable to “Winters Mill High School” 560 Gorsuch Road, Westminster, MD 21157. C/O Head Wrestling Coach John Lowe)

Friday:

Weigh-ins: 2:30-3:30

Round 1: 4:00-5:30

Round 2: 5:30-7:00

Round 3: 7:00-8:30

Round 4 : 8:30-10:00

Saturday:

Weigh-ins: 8:00-9:00

Round 5: 9:30-11:00

Round 6: 11:00-12:30

Break: 12:30-1:00

Round 7: 1:00-2:30

Round 8: 2:30-4:00

Break: 4:00-4:30

Round 9: 4:30-6:00

Round 10: 6:00-7:30

Teams:

1. Winters Mill
2. Westminster
3. Leonardtown
4. Southern Garrett
5. Paint Branch
6. Lackey
7. Owings Mills
8. Northern Garrett
9. Digital Harbor
10. South Carroll